

Trouves Health Care

TITLE: RESIDENT SERVICES POLICY 3.0	
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Authority: WAC 388.78A.2120, Monitoring residents' well-being

WAC 388.78A.2170, Required assisted living facility services

WAC 388.78A.2180, Activities

WAC 388.78A.2300, Food and nutrition services

Reference: Trouves Policy 1.09, Nursing Services

PURPOSE:

This policy outlines the services provided by Trouves Health Care for residents admitted to our facilities.

SCOPE:

This policy applies to all Trouves employees and residents.

DEFINITIONS:

Negotiated Service Agreement:

An agreement Trouves provides each resident using the resident's preadmission assessment, initial resident service plan, and full assessment information, within thirty days of the resident moving in to the facility.

POLICY:

- A. Trouves Health Care is committed to providing excellent care to the residents we serve. This care is provided following state and federal regulations.
- B. Trouves provides:
 - 1. Observation of each resident consistent with his or her assessed needs and negotiated service agreement;
 - 2. Identification of any changes in the resident's physical, emotional, and mental functioning that are a:
 - Departure from the resident's customary range of functioning;
 or
 - b. Recurring condition in a resident's physical, emotional, or mental functioning that has previously required intervention by others.



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- 3. Evaluation, in order to determine if there is a need for further action:
 - a. Changes are observed; and
 - b. When an accident or incident that is likely to adversely affect the resident's well-being, is observed by or reported to staff persons.
- 4. Take appropriate action in response to each resident's changing needs.
- C. Trouves provides care and services as agreed upon in the negotiated service agreement for each resident unless a deviation from the negotiated service agreement is mutually agreed upon between Trouves and the resident or the resident's representative, at the time the care or services are scheduled.
- D. Trouves services include:
 - 1. Housing and general responsibility for the safety and well-being of each resident, as defined in this chapter, consistent with the resident's assessed needs and negotiated service agreement.
 - 2. Basic services, consistent with the resident's assessed needs and negotiated service agreement:
 - a. Activities Arranging for activities in accordance with WAC 388-78A-2180;
 - b. Housekeeping Providing a safe, clean and comfortable environment for each resident, including personal living quarters and all other resident accessible areas of the building;
 - c. Laundry Keeping the resident's clothing clean and in good repair, and laundering towels, washcloths, bed linens on a weekly basis or more often as necessary to maintain cleanliness;
 - d. Meals Providing meals in accordance with WAC 388-78A-2300; and
 - e. Nutritious snacks Providing nutritious snack items on a scheduled and nonscheduled basis, and providing nutritious snacks in accordance with WAC <u>388-78A-2300</u>.
 - 3. Trouves will:
 - a. Provide care and services to each resident by staff persons who are able to communicate with the resident in a language the resident understands; or
 - b. Make provisions for communications between staff persons and residents to ensure an accurate exchange of information.
 - 4. Trouves ensures each resident is able to obtain individually preferred personal care items when:



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- a. The preferred personal care items are reasonably available; and
- b. The resident is willing and able to pay for obtaining the preferred items.
- 5. Trouves' nursing team may provide additional medical services under the direction of the physician. See Nursing Services Policy.
- E. If a resident at Trouves does not have a personal physician or health care provider, Trouves will provide a physician on site. Trouves will also assist those residents that wish to select a provider from outside the facility find a health care provider.

EXCEPTIONS:

No exceptions to this policy may be granted without the prior written approval of the Director.

SUPERCEDES:

None