



TITLE:	MEDICATION SELF MEDICATION WITH ASSISTANCE	POLICY 16.04
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Authority: WAC 246-888-020
WAC 388-78A-2210
RCW 74.39
RCW 69.41.010
RCW 69.41.085
RCW 18.79.040

PURPOSE:

Provides guidelines for administrating medications.

SCOPE:

All nursing staff.

POLICY:

Self-administration of medications may include situations in which an individual cannot physically self-administer medications but can accurately direct others. These regulations do not limit the rights of persons with functional disabilities to self-direct care.

PROCEDURE:

1. Staff will assist residents who require medication assistance to obtain medication via reminding, coaching, or helping to prepare a medication for administration.
 - a. Assistance includes:
 - i. Opening a container.
 - ii. Using an enabler or placing the medication in the resident's hand.
 - iii. Assisting with applying or instilling skin, nose, eye and ear preparation.
 - iv. Steadying or guiding a resident's hand to assist with medications.
2. The resident does not need to know the name of the medication, intended benefit, side effects or other detail, but must be aware that she or he is receiving medications and is able to place the medication in his or her mouth, eyes, ears, or on skin.
3. Staff responsible for supervision of medication assistance must sign medication log/MAR indicating medication was taken appropriately. If medication is refused, the medication log/MAR



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must show the refusal.

EXCEPTIONS:

No exceptions to this policy may be granted without the prior written approval of the Director.

SUPERCEDES:

None