

### Trouves Health Care

TITLE:

# FOOD SERVICE - MEAL TIMES REASONABLE ACCOMODATION

**POLICY 11.02** 

#### PROCEDURE:

- 1. The facility will make reasonable accommodations to:
  - a. Meet dietary requirements including attention to allergies and physician prescribed diets to include:
    - i. general low sodium diets
    - ii. general diabetic diets
    - iii. mechanical soft foods
    - iv. Other modified and/or therapeutic diets may be provided as described in our current disclosure statement.
  - b. Meet reasonable religious, ethnic and personal preferences.
  - c. Meet the temporary need for meals delivered to the residents' rooms.
  - d. Meet residents' reasonable temporary schedule changes as well as residents' preferences (e.g., to skip a meal or prepare a simple late breakfast).
  - e. Make snacks and beverages available to residents.
  - f. Nutrient concentrates and supplements will be used when prescribed by a health care practitioner. Using a dietitian-approved menu or diet manual
  - g. Substitute foods, when necessary, will be of comparable nutrient value.
- 2. All food preparation areas (excluding areas in residents' units) are maintained in accordance with the state and local sanitation and safe food handling standards.
- 3. If and when the evening meal and the subsequent breakfast meal are separated by 14 hours or more, a nutritious evening snack will be offered to all residents.

## **EXCEPTIONS:**

No exceptions to this policy may be granted without the prior written approval of the Director.

## **SUPERCEDES:**

None