

TITLE:	INFECTION CONTROL – HAND WASHING	POLICY 10.02
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**PURPOSE:**

This policy outlines proper hand washing required by Trouves to prevent the spread of infection and disease.

**SCOPE:**

All Trouves employees, residents, volunteers and visitors.

**POLICY:**

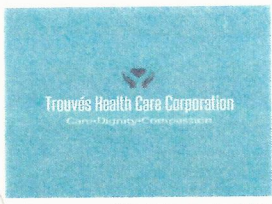
Staff will wash hands:

1. After personal body function, use of toilet, blowing or wiping nose, or combing the hair.
2. After handling soiled laundry or items with body fluids and housekeeping tasks.
3. Before and after wearing disposable gloves.
4. Before handling medication.
5. Before and after helping residents with personal care tasks of daily living.
6. Before handling any food.
7. Whenever you change from doing a "dirty" task to a "clean" task.
8. Upon reporting on and off duty.
9. Dietary employees must wash hands at the kitchen sink upon reentry to the kitchen.
10. Before and after leaving for and returning from break periods and meals.
11. Whenever hands are obviously soiled.
12. When in doubt, wash!

**THE USE OF GLOVES DOES NOT REPLACE HAND WASHING**

**PROCEDURE:**

1. Remove all rings, as these harbor dirt and skin organisms.
2. Stand away from the sink to prevent cross-contamination of clothing.
3. Turn on water to a comfortable temperature. Lukewarm water has a less drying effect on the skin.
4. Wet hands and wrists.
5. Apply the amount of product recommended by the manufacturer to the hands, and rub together vigorously for at least 20 seconds.
6. Pay particular attention to the area between fingers and under nails.



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7. Rinse hands well under running water.
8. Dry hands well using disposable papertowels.
9. Turn off water with paper towel and discard.

**EXCEPTIONS:**

No exceptions to this policy may be granted.

**SUPERCEDES:**

None